

CHNA and Implementation Strategy completed FY2023

Community Needs Assessment narrative:

The Community Health Assessment Core group was made up of representatives of Salina Regional Health Center, the Salina Saline County Health Department, United Way of Salina, Salina Surgical Hospital, Domestic Violence Association of Central Kansas, North Central KS Area on Aging, Central Kansas Mental Health and the Central Kansas Foundation who partnered to conduct an assessment of the health status and needs of our community.

Several tools and frameworks have been developed to guide communities through the CHNA process. The framework that was selected by the CHNA Core Group is the Institute of Medicine Community Health Improvement Process. An important initial step in the process is the preparation, analysis and interpretation of data describing the community: the Community Profile. The Community Profile describes the factors that contribute to the health and the health status of the community.

List or Other Hospital Facilities included in CHNA:

Salina Surgical Center

List of Organizations Other than Hospital Facilities included in CHNA:

Salina Saline County Health Department

United Way of Salina

Salina Surgical Hospital

DVACK

North Central KS Area on Aging

Central Kansas Mental Health

Central Kansas Foundation

Implementation Strategy narrative:

This Implementation Strategy and Community Benefit analysis report summarizes Salina Regional Health Center's plans to address the prioritized needs from the 2022 Community Health Needs Assessment and evaluation of needs met. The hospital recognizes that the implementation strategies in this report are to be used as a guide and will serve as a framework in addressing the identified needs. As the hospital moves forward, many resources, on-going commitments and partnerships will be necessary to effectively assist in creating healthier communities in Saline County and the surrounding area.

SRHC provides funding to Salina Regional Health Foundation, Inc. (SRHF). The Foundation, in turn, supports the identified needs of SRHC by making distributions to tax-exempt organizations, including the Health Center and other causes and institutions related to, affiliated with, or cooperating in the achievement of its exempt purposes. The Foundation is a corporate member of SRHC.

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Saline County Community Health Needs:

1. Aging Population
2. Cancer
3. Death Rate Due to Drug Poisoning
4. Depression/Mental Health
5. Diabetes
6. Domestic Violence
7. Heart Disease Related Indicators
8. Immunizations
9. Obesity (Child and Adult)
10. Pregnancy Related Indicators
11. Sexually Transmitted Disease Rate
12. Smoking, % of Adults Who Currently Smoke
13. Stroke
14. Trauma/Falls

Aging Population

The Meds to Bed program: One of the main goals with Meds program is enhanced education on medication at discharge.

A significant factor in the aging population is having staff to care for the population as we age. Because of this Salina Regional Health Center takes a very active role in area nursing schools. Area Nursing schools active at SRHC thru internships and training are: KU school of Nursing, Cloud County Community, Colby Community College, Hutchinson Community College, Kansas Wesleyan University, North Central Kansas Technical College, North Central Kansas Technical College – Beloit, and Salina Area Technical College.

\$50,000 grant for the Salina Grace Community Resource Center. The requested funds are to be used toward general operating expenses of the Community Resource Center and Winter Shelter.

Salina Regional Health Foundation supports the North Central-Flint Hills Area Agency on Aging \$10,000 to be used toward the 2024 Sunflower Fair and “Sunflower Seniors Got Talent” Showcase and Regional Outreach Initiative.

\$250,000 for Salina Presbyterian Manor used toward the Preserving Legacies, Enriching Lives Campaign. This campaign enabled Salina Presbyterian Manor’s first major renovation in more than 20 years.

Cancer

Our comprehensive cancer program holds the prestigious cancer program approval by the American College of Surgeons Commission on Cancer and the American College of Radiation Oncology. In addition, the Tammy Walker Cancer Center is affiliated with the renowned Midwest Cancer Alliance, increasing access to the latest cancer treatment discoveries through a wide variety of clinical research studies.

SRHC maintains cancer services including Oncology and Radiation Oncology. Support services include Nutrition Counseling, Appearance Center, Spiritual support, and Cancer Registry.

The Tammy Walker Cancer Center at Salina Regional Health Center was named Human Experience Pinnacle of Excellence Award winner by Press Ganey, the global leader in healthcare experience solutions and services for the second year in a row. The award is part of Press Ganey's annual ranking of the top hospitals and health systems in the country, according to performance in patient experience. As a winner of the Press Ganey Human Experience Pinnacle of Excellence Award, Tammy Walker Cancer Center has ranked in the top 5% of healthcare providers in delivering patient experience over a minimum of three consecutive years. Press Ganey works with more than 41,000 healthcare facilities in its mission to reduce patient suffering and enhance caregiver resilience to improve the overall safety, quality and experience of care.

The Tammy Walker Cancer Center had several Cancer screening events throughout the year (Prostate, Skin, Breast and Colon) as well as presentations throughout the community and participation in health fairs.

The SRH Foundation gave a grant of \$5,000 to Rolling Hills Zoo for Dream Night at the Zoo. Dream Night at the Zoo provides a free evening at Rolling Hills Zoo for children with cancer or other chronic illnesses. This annual event allows these children the ability to visit the zoo with their families in an environment where the children feel more comfortable to enjoy the animals and special activities at their own pace in a safe, yet fun setting.

SRHF grant of \$20,000.00 for American Red Cross of Kansas to be to fund the operating expenses of community blood drives within Saline County, which includes the recruitment of blood donors, collection, testing, and delivering blood products for patients in need.

Death Rate Due to Drug Poisoning

Continue supporting the Central Kansas Foundation upon request, as it is the leading organization for drug abuse prevention in north-central Kansas. Salina Regional Health Center (SRHC) also contracts with the Foundation, providing \$13,000 per month for drug counseling and educational services to patients in need of substance abuse support.

Depression/Mental Health

Veridian Behavioral Health is a comprehensive, multidisciplinary center dedicated to providing high-quality mental health care. As part of the Behavioral Health Department at Salina Regional Health Center (SRHC), Veridian offers a full continuum of services to individuals and families throughout Central Kansas.

Our team addresses a broad range of life challenges, including depression, anxiety, marital issues, parent-child conflicts, and grief, all within a private, comfortable, and accessible office setting.

Veridian's psychiatrists provide direct outpatient care and are actively involved in intensive outpatient programs, inpatient services at SRHC, and care in nursing home settings.

In partnership with the SRHC Foundation, Salina Regional Health Center supports initiatives that reduce the stigma surrounding mental health. This includes funding for organizations that provide counseling, therapy, and treatment for individuals coping with mental health conditions such as depression.

Provide funding to Blessed Hope Family to support its Mental Health Counseling Services Program. These funds will help meet the growing demand for services and will be used for program supplies, expanded mental health offerings, therapeutic aids, and respite childcare for foster and adoptive families in Salina, Saline County, and the Central Kansas region.

Provide \$9,800 in funding to the Smoky Hill Education Foundation to support two Educator Recharge Retreats. The funds will be used to compensate mental health professionals working with educators during the summer retreats, facilitate follow-up meetings with participants, and provide takeaway materials and ongoing resources.

Provide f\$20,000 funding to Sacred Heart Jr./Sr. High School the funds are to be used toward the purchase of Counslr online services. Counslr is an online platform designed to make it as easy as possible for students to seek mental health support from a licensed professional. The platform is an unlimited text-based mental health support solution that will be utilized by students, parents, teachers, and counselors.

Diabetes

The Salina Regional Endocrinology Clinic is led by board-certified endocrinologist Dr. Richard Gomendoza. Dr. Gomendoza is board certified in Internal Medicine/Endocrinology.

Salina Regional Health Center continued the quarterly diabetes support group program with Pharmacy, Dietary, and Organizational Development.

Domestic Violence

Salina Regional recognizes and supports DVACK as the experts in this area and supports DVACK in their efforts. DVACK provides free, voluntary and confidential services to victims of domestic violence, sexual assault, stalking, teen dating violence, elder abuse and human trafficking. . Salina Regional Health Center values the relationship with the DVACK and has collaborated with activities in the past.

Salina Regional Health Center operates the SANE/SART Forensic nursing department within the emergency department. Forensic nursing is a unique specialty that blends the worlds of nursing, science, and the legal system and is accessible 24/7 at Salina Regional Health Center.

Heart Disease Related Indicators

Salina Regional Health Center's Chest Pain Center has earned Primary PCI Accreditation from the American College of Cardiology, following a comprehensive onsite evaluation. This prestigious designation affirms the Center's ability to rapidly evaluate, diagnose, and treat patients experiencing heart attacks, underscoring SRHC's commitment to delivering advanced, life-saving cardiac care.

The accreditation also recognizes the Center's capability to perform percutaneous coronary intervention (PCI), a procedure that enables many heart attack patients to be treated without emergency surgery.

Beyond clinical care, the Chest Pain Center team actively engages with the community. At the annual Sunflower Senior Fair—funded by the Salina Regional Health Foundation—they offer free blood pressure checks and provide hands-only CPR and AED demonstrations, helping to raise heart health awareness among the senior population.

Immunizations

Tammy Walker Cancer Center focuses on HPV vaccinations. Saline County Health Dept. focuses heavily on immunizations.

COMCARE has made immunizations and screenings a priority with implementation of a program of notifying patients periodically when they are due for screenings/immunizations. Utilization of our Meditech computer program has aided in this effort.

Obesity (Child and Adult)

Continue support and funding of the School Marathon program up to \$50,000 per year to the School Marathon Foundation to implement the school marathon program in Salina elementary schools.

Salina Regional Health Center, in collaboration with the Salina Regional Health Foundation, continues to support the funding and maintenance of Center Street Park. Designed for children of all abilities, the inclusive playground serves multiple generations and features a quarter-mile walking and jogging path surrounding the play area. Additionally, the park includes various pieces of outdoor exercise equipment for adults, promoting health and wellness for the entire community.

Granted the Salina Family YMCA \$5,700 to be used toward the purchase of an InBody Health Tracking/Awareness Device. The InBody is a non-invasive device that uses bioelectrical impedance as a way for measuring body composition, including muscle mass, body fat, and total body water. The long-term goal is to help reduce the obesity and inactivity percentages in Saline County by providing people with education and data tracking for their health journey.

Pregnancy Related Indicators

Continue the "Becoming a Mom Program" which is a joint effort between SRHC and the Saline County Health Department. The Birth Center at Salina Regional Health Center has been named one of Kansas' "Best of the Best in Metabolic and Newborn Screening." Salina Regional is one of 12 facilities across the state to receive the "Best of the Best" designation.

Salina Regional Health Center opened a Breast Milk Depot to collect human milk that will help nurture premature or critically ill babies. SRHC was the first hospital in the state of Kansas to collaborate with Oklahoma Mothers' Milk Bank who collects and distributes breast milk in Oklahoma, Kansas, Missouri and Arkansas. We will continue supporting this program.

Continue our commitment to improving infant and maternal health by earning recognition through High 5 for Mom & Baby Premier, a program developed by the United Methodist Health Ministry Fund to increase breastfeeding initiation and duration rates in Kansas.

STD Rate

Saline County Health Dept. focuses on STD rates. Salina Regional Health Center values the relationship with the health department and collaborates on certain programs.

Smoking, Percentage of Adults Who Currently Smoke

Continue with smoking cessation classes.

Stroke

Continue exceptional stroke care and maintain our designation as a Primary Stroke Center. A dedicated stroke response team is called to the Emergency Department whenever stroke is suspected. Members of the team include emergency room physicians, nurses, radiology staff, pharmacists and lab personnel who all have received specialized training to provide stroke care. The stroke team can be activated from the field by emergency responders to ensure that the team is ready to receive and treat the patient the moment they arrive at Salina Regional Health Center.

Public education also is key to improving stroke outcomes. As an initiative to educate the public on stroke recognition and how to respond, the acronym FAST is often used: Facial drooping, Arm weakness, Speech difficulties and Time to call emergency services. Salina Regional has distributed educational cards in the past and plans to continue educating the public on stroke recognition. The stroke team plays a large role in the annual senior fair activities at the Sunflower fair. (see Aging Population)

Trauma/Falls

Salina Regional Health Center is a Level III Trauma Center, providing specialized care for patients with serious or life-threatening injuries.

Salina Regional Health Center plays an integral role in the region and statewide trauma councils.

The trauma team plays a large role in the annual senior fair activities at the Sunflower fair with free fall risk assessments. (see Aging Population)